



## 12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

### Detailed evaluation

**Arnold, Uwe**

Club: Moorgrund

Number: 507

Course: 10.00 km

Viertelmarathon (Lauf)

Category:

Senioren M50

Total time: 59:38

Speed: 10.06 km/h

Running performance: 5:58 min/km

Rank in course/Total: 20 (of 55)

Rank in course/Men: 18 (of 39)

Best time in course: 44:20

Rank in category: 4(of 6)

Best time in the category: 55:18