



12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

Detailed evaluation

Sömmer, Fred

Club: BSG Wartburg-Sparkasse

Number: 511

Course: 10.00 km

Viertelmarathon (Lauf)

Category:

Senioren M45

Total time: 1:20:01

Speed: 7.50 km/h

Running performance: 8:00 min/km

Rank in course/Total: 46 (of 55)

Rank in course/Men: 37 (of 39)

Best time in course: 44:20

Rank in category: 7(of 7)

Best time in the category: 44:52