



## 12. Town & Country Rennsteigquerung

Welterbe-Luther-Region / 28.06.2015

### Detailed evaluation

Hilsenbek, Karl

Club: DJK Ellwangen

Number: 221

Course: 21.10 km

Halbmarathon (Lauf)

Category:

Senioren M55

Total time: 1:31:08

Speed: 13.89 km/h

Running performance: 4:19 min/km

Rank in course/Total: 6 (of 79)

Rank in course/Men: 6 (of 64)

Best time in course: 1:15:25

Rank in category: 2(of 11)

Best time in the category: 1:26:53