



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

**Berga, Ilze**

Club: Saldus OK

Total time: 39:15

Running performance: 9:34 min/km

Course: 4.10 km / 19 Controls

Category:

Women -21A

Rank in category: 4(of 26)

Best time in the category: 36:40

Behind: 2:35

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (123)  | 2:28       | 5        | 0:20        | 15.6     | 2:28       | 5        | 0:20        | 15.6     |
| 2 (83)   | 3:22       | 10       | 0:51        | 33.8     | 5:50       | 5        | 0:57        | 19.5     |
| 3 (109)  | 1:09       | 4        | 0:02        | 3.0      | 6:59       | 4        | 0:59        | 16.4     |
| 4 (86)   | 2:10       | 6        | 0:31        | 31.3     | 9:09       | 4        | 0:57        | 11.6     |
| 5 (89)   | 1:37       | 9        | 0:13        | 15.5     | 10:46      | 5        | 1:00        | 10.2     |
| 6 (124)  | 1:12       | 14       | 0:18        | 33.3     | 11:58      | 5        | 1:08        | 10.5     |
| 7 (125)  | 4:59       | 20       | 1:56        | 63.4     | 16:57      | 7        | 2:50        | 20.1     |
| 8 (93)   | 4:32       | 15       | 1:27        | 47.0     | 21:29      | 6        | 3:12        | 17.5     |
| 9 (115)  | 1:00       | 6        | 0:14        | 30.4     | 22:29      | 6        | 3:08        | 16.2     |
| 10 (91)  | 1:44       | 2        | 0:02        | 2.0      | 24:13      | 3        | 2:34        | 11.9     |
| 11 (116) | 1:55       | 4        | 0:11        | 10.6     | 26:08      | 3        | 2:21        | 9.9      |
| 12 (117) | 1:01       | 15       | 0:11        | 22.0     | 27:09      | 3        | 2:28        | 10.0     |
| 13 (118) | 1:32       | 5        | 0:16        | 21.1     | 28:41      | 3        | 2:29        | 9.5      |
| 14 (99)  | 0:31       | 7        | 0:07        | 29.2     | 29:12      | 2        | 1:51        | 6.8      |
| 15 (119) | 3:46       | 10       | 0:41        | 22.2     | 32:58      | 2        | 2:03        | 6.6      |
| 16 (53)  | 1:07       | 16       | 0:14        | 26.4     | 34:05      | 2        | 2:01        | 6.3      |
| 17 (103) | 2:16       | 7        | 0:32        | 30.8     | 36:21      | 3        | 2:07        | 6.2      |
| 18 (126) | 1:21       | 19       | 0:25        | 44.6     | 37:42      | 3        | 2:22        | 6.7      |
| 19 (100) | 1:02       | 18       | 0:14        | 29.2     | 38:44      | 3        | 2:31        | 7.0      |
| Finish   | 0:31       | 20       | 0:11        | 55.0     | 39:15      | 4        | 2:35        | 7.1      |