



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Berga, Ilze

Club: Saldus OK

Total time: 39:15

Running performance: 9:34 min/km

Course: 4.10 km / 19 Controls

Category:

Women -21A

Rank in category: 4(of 26)

Best time in the category: 36:40

Behind: 2:35

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (123) | 2:28 | 5 | 0:20 | 15.6 | 2:28 | 5 | 0:20 | 15.6 |
| 2 (83) | 3:22 | 10 | 0:51 | 33.8 | 5:50 | 5 | 0:57 | 19.5 |
| 3 (109) | 1:09 | 4 | 0:02 | 3.0 | 6:59 | 4 | 0:59 | 16.4 |
| 4 (86) | 2:10 | 6 | 0:31 | 31.3 | 9:09 | 4 | 0:57 | 11.6 |
| 5 (89) | 1:37 | 9 | 0:13 | 15.5 | 10:46 | 5 | 1:00 | 10.2 |
| 6 (124) | 1:12 | 14 | 0:18 | 33.3 | 11:58 | 5 | 1:08 | 10.5 |
| 7 (125) | 4:59 | 20 | 1:56 | 63.4 | 16:57 | 7 | 2:50 | 20.1 |
| 8 (93) | 4:32 | 15 | 1:27 | 47.0 | 21:29 | 6 | 3:12 | 17.5 |
| 9 (115) | 1:00 | 6 | 0:14 | 30.4 | 22:29 | 6 | 3:08 | 16.2 |
| 10 (91) | 1:44 | 2 | 0:02 | 2.0 | 24:13 | 3 | 2:34 | 11.9 |
| 11 (116) | 1:55 | 4 | 0:11 | 10.6 | 26:08 | 3 | 2:21 | 9.9 |
| 12 (117) | 1:01 | 15 | 0:11 | 22.0 | 27:09 | 3 | 2:28 | 10.0 |
| 13 (118) | 1:32 | 5 | 0:16 | 21.1 | 28:41 | 3 | 2:29 | 9.5 |
| 14 (99) | 0:31 | 7 | 0:07 | 29.2 | 29:12 | 2 | 1:51 | 6.8 |
| 15 (119) | 3:46 | 10 | 0:41 | 22.2 | 32:58 | 2 | 2:03 | 6.6 |
| 16 (53) | 1:07 | 16 | 0:14 | 26.4 | 34:05 | 2 | 2:01 | 6.3 |
| 17 (103) | 2:16 | 7 | 0:32 | 30.8 | 36:21 | 3 | 2:07 | 6.2 |
| 18 (126) | 1:21 | 19 | 0:25 | 44.6 | 37:42 | 3 | 2:22 | 6.7 |
| 19 (100) | 1:02 | 18 | 0:14 | 29.2 | 38:44 | 3 | 2:31 | 7.0 |
| Finish | 0:31 | 20 | 0:11 | 55.0 | 39:15 | 4 | 2:35 | 7.1 |