



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

Knēta, Ernestīne

Club: CPSS/Meridiāns/Pārgauja

Total time: 19:42

Running performance: - min/km

Category:

Women -10

Rank in category: 11(of 18)

Best time in the category: 11:38

Behind: 8:04

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (138)  | 2:50       | 6        | 0:56        | 49.1     | 2:50       | 6        | 0:56        | 49.1     |
| 2 (139)  | 3:10       | 12       | 1:02        | 48.4     | 6:00       | 8        | 1:58        | 48.8     |
| 3 (140)  | 4:29       | 17       | 2:51        | 174.5    | 10:29      | 15       | 4:49        | 85.0     |
| 4 (141)  | 4:16       | 11       | 1:36        | 60.0     | 14:45      | 11       | 6:18        | 74.6     |
| 5 (100)  | 4:26       | 16       | 2:19        | 109.5    | 19:11      | 11       | 7:59        | 71.3     |
| Finish   | 0:31       | 9        | 0:07        | 29.2     | 19:42      | 11       | 8:04        | 69.3     |