



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Popēna, Ineta

Club: Ind.

Total time: 43:49

Running performance: - min/km

Category:

Women -21B

Rank in category: 12(of 18)

Best time in the category: 30:06

Behind: 13:43

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (130)	10:56	14	8:28	343.2	10:56	14	8:28	343.2
2 (135)	2:23	9	1:04	81.0	13:19	11	9:32	252.0
3 (136)	4:49	15	2:39	122.3	18:08	11	12:11	204.8
4 (111)	4:07	6	0:36	17.1	22:15	11	12:47	135.0
5 (95)	2:58	8	0:46	34.9	25:13	10	11:33	84.5
6 (116)	4:04	16	2:15	123.9	29:17	12	13:15	82.6
7 (97)	1:19	5	0:13	19.7	30:36	11	12:49	72.1
8 (137)	2:16	9	0:29	27.1	32:52	10	12:52	64.3
9 (128)	3:19	14	0:50	33.6	36:11	10	13:42	60.9
10 (53)	1:00	7	0:11	22.5	37:11	11	13:47	58.9
11 (121)	2:47	11	1:17	85.6	39:58	11	13:06	48.8
12 (122)	2:12	13	0:47	55.3	42:10	11	13:36	47.6
13 (100)	1:06	12	0:20	43.5	43:16	12	13:38	46.0
Finish	0:33	16	0:14	73.7	43:49	12	13:43	45.6