



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

**Vanaga, Nora**

Club: Kāpa OK/BJC Laimīte

Total time: 20:10

Running performance: 13:43 min/km

Course: 1.47 km / 5 Controls

Category:

Women -10

Rank in category: 13(of 18)

Best time in the category: 11:38

Behind: 8:32

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (138)	3:35	12	1:41	88.6	3:35	12	1:41	88.6
2 (139)	2:48	10	0:40	31.3	6:23	12	2:21	58.3
3 (140)	2:26	8	0:48	49.0	8:49	7	3:09	55.6
4 (141)	6:27	14	3:47	141.9	15:16	12	6:49	80.7
5 (100)	4:23	15	2:16	107.1	19:39	13	8:27	75.5
Finish	0:31	9	0:07	29.2	20:10	13	8:32	73.4