



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Trofimchik, Arisha

Club: St.Petersburg O-team

Total time: 45:23

Running performance: 11:04 min/km

Course: 4.10 km / 19 Controls

Category:

Women 35-

Rank in category: 6(of 22)

Best time in the category: 33:04

Behind: 12:19

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (123)	3:22	15	1:32	83.6	3:22	15	1:32	83.6
2 (83)	3:10	7	0:37	24.2	6:32	8	1:52	40.0
3 (109)	2:21	11	1:12	104.4	8:53	8	3:04	52.7
4 (86)	3:08	12	1:38	108.9	12:01	8	4:22	57.1
5 (89)	1:46	11	0:32	43.2	13:47	7	4:39	50.9
6 (124)	1:08	11	0:27	65.9	14:55	5	4:38	45.1
7 (125)	6:31	18	4:06	169.7	21:26	12	8:14	62.4
8 (93)	4:03	7	1:16	45.5	25:29	10	8:57	54.1
9 (115)	1:04	5	0:18	39.1	26:33	8	9:15	53.5
10 (91)	2:14	7	0:24	21.8	28:47	9	9:32	49.5
11 (116)	2:09	9	0:35	37.2	30:56	8	9:56	47.3
12 (117)	1:07	11	0:26	63.4	32:03	8	10:18	47.4
13 (118)	1:46	8	0:23	27.7	33:49	8	10:41	46.2
14 (99)	0:47	19	0:22	88.0	34:36	8	11:02	46.8
15 (119)	3:45	6	0:59	35.5	38:21	6	11:11	41.2
16 (53)	1:08	16	0:19	38.8	39:29	6	11:23	40.5
17 (103)	3:16	18	1:42	108.5	42:45	7	12:28	41.2
18 (126)	1:10	9	0:15	27.3	43:55	6	12:07	38.1
19 (100)	0:57	10	0:09	18.8	44:52	6	12:13	37.4
Finish	0:31	15	0:10	47.6	45:23	6	12:19	37.3