



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Zagorska, Guna

Club: Auseklis IK

Total time: 46:22

Running performance: 11:18 min/km

Course: 4.10 km / 19 Controls

Category:

Women 35-

Rank in category: 9(of 22)

Best time in the category: 33:04

Behind: 13:18

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (123)	5:28	19	3:38	198.2	5:28	19	3:38	198.2
2 (83)	3:21	10	0:48	31.4	8:49	18	4:09	88.9
3 (109)	2:21	11	1:12	104.4	11:10	14	5:21	92.0
4 (86)	2:31	8	1:01	67.8	13:41	10	6:02	78.9
5 (89)	1:34	7	0:20	27.0	15:15	10	6:07	67.0
6 (124)	0:48	2	0:07	17.1	16:03	10	5:46	56.1
7 (125)	4:06	8	1:41	69.7	20:09	9	6:57	52.7
8 (93)	5:13	16	2:26	87.4	25:22	9	8:50	53.4
9 (115)	1:13	10	0:27	58.7	26:35	9	9:17	53.7
10 (91)	1:59	4	0:09	8.2	28:34	7	9:19	48.4
11 (116)	1:48	5	0:14	14.9	30:22	5	9:22	44.6
12 (117)	0:54	7	0:13	31.7	31:16	5	9:31	43.8
13 (118)	1:31	5	0:08	9.6	32:47	5	9:39	41.7
14 (99)	0:27	5	0:02	8.0	33:14	5	9:40	41.0
15 (119)	6:27	18	3:41	133.1	39:41	8	12:31	46.1
16 (53)	1:07	15	0:18	36.7	40:48	8	12:42	45.2
17 (103)	3:07	14	1:33	98.9	43:55	9	13:38	45.0
18 (126)	1:15	12	0:20	36.4	45:10	9	13:22	42.0
19 (100)	0:51	3	0:03	6.3	46:01	9	13:22	40.9
Finish	0:21	1	-	-	46:22	9	13:18	40.2