



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Kučinska, Laura

Club: AC Beauchamp

Total time: 56:57

Running performance: 13:53 min/km

Course: 4.10 km / 19 Controls

Category:

Women 35-

Rank in category: 15(of 22)

Best time in the category: 33:04

Behind: 23:53

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (123)	3:49	16	1:59	108.2	3:49	16	1:59	108.2
2 (83)	4:39	17	2:06	82.4	8:28	17	3:48	81.4
3 (109)	3:03	15	1:54	165.2	11:31	15	5:42	98.0
4 (86)	3:28	13	1:58	131.1	14:59	13	7:20	95.9
5 (89)	2:12	16	0:58	78.4	17:11	13	8:03	88.1
6 (124)	1:18	13	0:37	90.2	18:29	14	8:12	79.7
7 (125)	5:49	17	3:24	140.7	24:18	14	11:06	84.1
8 (93)	6:51	18	4:04	146.1	31:09	15	14:37	88.4
9 (115)	1:18	14	0:32	69.6	32:27	15	15:09	87.6
10 (91)	3:41	16	1:51	100.9	36:08	15	16:53	87.7
11 (116)	2:41	16	1:07	71.3	38:49	15	17:49	84.8
12 (117)	1:23	18	0:42	102.4	40:12	15	18:27	84.8
13 (118)	2:36	18	1:13	88.0	42:48	15	19:40	85.0
14 (99)	0:43	15	0:18	72.0	43:31	15	19:57	84.7
15 (119)	5:55	16	3:09	113.9	49:26	15	22:16	82.0
16 (53)	1:04	13	0:15	30.6	50:30	15	22:24	79.7
17 (103)	2:42	11	1:08	72.3	53:12	15	22:55	75.7
18 (126)	1:57	20	1:02	112.7	55:09	15	23:21	73.4
19 (100)	1:14	20	0:26	54.2	56:23	15	23:44	72.7
Finish	0:34	20	0:13	61.9	56:57	15	23:53	72.2