



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

Ozoliņa, Zaiga

Club: Auseklis IK

Total time: 33:20

Running performance: 8:57 min/km

Course: 3.72 km / 19 Controls

Category:

Women 40-

Rank in category: 4(of 20)

Best time in the category: 27:12

Behind: 6:08

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (130)  | 2:28       | 3        | 0:09        | 6.5      | 2:28       | 3        | 0:09        | 6.5      |
| 2 (86)   | 2:31       | 7        | 0:30        | 24.8     | 4:59       | 5        | 0:36        | 13.7     |
| 3 (89)   | 1:44       | 11       | 0:24        | 30.0     | 6:43       | 6        | 1:00        | 17.5     |
| 4 (111)  | 5:42       | 16       | 4:42        | 470.0    | 12:25      | 13       | 5:23        | 76.5     |
| 5 (84)   | 1:51       | 4        | 0:06        | 5.7      | 14:16      | 11       | 5:26        | 61.5     |
| 6 (107)  | 0:56       | 1        | -           | -        | 15:12      | 7        | 5:19        | 53.8     |
| 7 (85)   | 1:42       | 6        | 0:16        | 18.6     | 16:54      | 7        | 5:27        | 47.6     |
| 8 (95)   | 3:47       | 9        | 0:47        | 26.1     | 20:41      | 7        | 6:01        | 41.0     |
| 9 (133)  | 1:23       | 1        | -           | -        | 22:04      | 7        | 5:58        | 37.1     |
| 10 (116) | 0:28       | 1        | -           | -        | 22:32      | 7        | 5:58        | 36.0     |
| 11 (117) | 0:50       | 3        | 0:02        | 4.2      | 23:22      | 7        | 5:59        | 34.4     |
| 12 (99)  | 1:22       | 1        | -           | -        | 24:44      | 7        | 5:53        | 31.2     |
| 13 (102) | 3:18       | 7        | 0:13        | 7.0      | 28:02      | 7        | 6:06        | 27.8     |
| 14 (128) | 0:41       | 4        | 0:02        | 5.1      | 28:43      | 7        | 6:07        | 27.1     |
| 15 (53)  | 0:51       | 2        | 0:02        | 4.1      | 29:34      | 6        | 6:05        | 25.9     |
| 16 (103) | 2:03       | 6        | 0:13        | 11.8     | 31:37      | 5        | 6:18        | 24.9     |
| 17 (132) | 0:22       | 4        | 0:01        | 4.8      | 31:59      | 5        | 6:13        | 24.1     |
| 18 (131) | 0:24       | 1        | -           | -        | 32:23      | 4        | 6:10        | 23.5     |
| 19 (100) | 0:31       | 5        | 0:05        | 19.2     | 32:54      | 4        | 6:09        | 23.0     |
| Finish   | 0:26       | 8        | 0:05        | 23.8     | 33:20      | 4        | 6:08        | 22.6     |