



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Vilks, Ilze

Club: Auseklis IK

Total time: 33:40

Running performance: 9:03 min/km

Course: 3.72 km / 19 Controls

Category:

Women 40-

Rank in category: 6(of 20)

Best time in the category: 27:12

Behind: 6:28

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (130)	2:48	6	0:29	20.9	2:48	6	0:29	20.9
2 (86)	2:01	1	-	-	4:49	4	0:26	9.9
3 (89)	1:20	1	-	-	6:09	3	0:26	7.6
4 (111)	1:47	10	0:47	78.3	7:56	3	0:54	12.8
5 (84)	1:47	2	0:02	1.9	9:43	3	0:53	10.0
6 (107)	0:58	4	0:02	3.6	10:41	2	0:48	8.1
7 (85)	1:26	1	-	-	12:07	2	0:40	5.8
8 (95)	5:38	17	2:38	87.8	17:45	3	3:05	21.0
9 (133)	1:41	10	0:18	21.7	19:26	4	3:20	20.7
10 (116)	0:29	3	0:01	3.6	19:55	3	3:21	20.2
11 (117)	0:48	1	-	-	20:43	3	3:20	19.2
12 (99)	1:27	4	0:05	6.1	22:10	2	3:19	17.6
13 (102)	3:06	2	0:01	0.5	25:16	2	3:20	15.2
14 (128)	0:46	7	0:07	18.0	26:02	2	3:26	15.2
15 (53)	0:52	4	0:03	6.1	26:54	2	3:25	14.6
16 (103)	4:59	17	3:09	171.8	31:53	6	6:34	25.9
17 (132)	0:23	6	0:02	9.5	32:16	6	6:30	25.2
18 (131)	0:29	8	0:05	20.8	32:45	6	6:32	24.9
19 (100)	0:32	6	0:06	23.1	33:17	6	6:32	24.4
Finish	0:23	2	0:02	9.5	33:40	6	6:28	23.8