



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

Kalniņa, Aiga

Club: Bez kompasas

Total time: 34:58

Running performance: 9:23 min/km

Course: 3.72 km / 19 Controls

Category:

Women 40-

Rank in category: 8(of 20)

Best time in the category: 27:12

Behind: 7:46

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (130)  | 5:00       | 16       | 2:41        | 115.8    | 5:00       | 16       | 2:41        | 115.8    |
| 2 (86)   | 2:26       | 6        | 0:25        | 20.7     | 7:26       | 13       | 3:03        | 69.6     |
| 3 (89)   | 1:21       | 3        | 0:01        | 1.3      | 8:47       | 11       | 3:04        | 53.6     |
| 4 (111)  | 5:42       | 16       | 4:42        | 470.0    | 14:29      | 16       | 7:27        | 105.9    |
| 5 (84)   | 1:45       | 1        | -           | -        | 16:14      | 15       | 7:24        | 83.8     |
| 6 (107)  | 0:57       | 3        | 0:01        | 1.8      | 17:11      | 13       | 7:18        | 73.9     |
| 7 (85)   | 1:50       | 9        | 0:24        | 27.9     | 19:01      | 12       | 7:34        | 66.1     |
| 8 (95)   | 3:02       | 2        | 0:02        | 1.1      | 22:03      | 11       | 7:23        | 50.3     |
| 9 (133)  | 1:27       | 3        | 0:04        | 4.8      | 23:30      | 11       | 7:24        | 46.0     |
| 10 (116) | 0:30       | 5        | 0:02        | 7.1      | 24:00      | 11       | 7:26        | 44.9     |
| 11 (117) | 1:07       | 12       | 0:19        | 39.6     | 25:07      | 10       | 7:44        | 44.5     |
| 12 (99)  | 1:30       | 6        | 0:08        | 9.8      | 26:37      | 8        | 7:46        | 41.2     |
| 13 (102) | 3:23       | 9        | 0:18        | 9.7      | 30:00      | 8        | 8:04        | 36.8     |
| 14 (128) | 0:39       | 1        | -           | -        | 30:39      | 8        | 8:03        | 35.6     |
| 15 (53)  | 0:49       | 1        | -           | -        | 31:28      | 8        | 7:59        | 34.0     |
| 16 (103) | 1:50       | 1        | -           | -        | 33:18      | 8        | 7:59        | 31.5     |
| 17 (132) | 0:21       | 1        | -           | -        | 33:39      | 8        | 7:53        | 30.6     |
| 18 (131) | 0:26       | 2        | 0:02        | 8.3      | 34:05      | 8        | 7:52        | 30.0     |
| 19 (100) | 0:29       | 2        | 0:03        | 11.5     | 34:34      | 8        | 7:49        | 29.2     |
| Finish   | 0:24       | 4        | 0:03        | 14.3     | 34:58      | 8        | 7:46        | 28.6     |