



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

Johansena, Marita

Club: Ogre OK/SC

Total time: 39:05

Running performance: 10:30 min/km

Course: 3.72 km / 19 Controls

Category:

Women 40-

Rank in category: 12(of 20)

Best time in the category: 27:12

Behind: 11:53

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (130)  | 5:18       | 17       | 2:59        | 128.8    | 5:18       | 17       | 2:59        | 128.8    |
| 2 (86)   | 2:43       | 10       | 0:42        | 34.7     | 8:01       | 15       | 3:38        | 82.9     |
| 3 (89)   | 1:30       | 9        | 0:10        | 12.5     | 9:31       | 14       | 3:48        | 66.5     |
| 4 (111)  | 1:59       | 11       | 0:59        | 98.3     | 11:30      | 11       | 4:28        | 63.5     |
| 5 (84)   | 2:30       | 11       | 0:45        | 42.9     | 14:00      | 8        | 5:10        | 58.5     |
| 6 (107)  | 1:12       | 8        | 0:16        | 28.6     | 15:12      | 7        | 5:19        | 53.8     |
| 7 (85)   | 2:13       | 13       | 0:47        | 54.7     | 17:25      | 9        | 5:58        | 52.1     |
| 8 (95)   | 4:02       | 10       | 1:02        | 34.4     | 21:27      | 9        | 6:47        | 46.3     |
| 9 (133)  | 1:41       | 10       | 0:18        | 21.7     | 23:08      | 8        | 7:02        | 43.7     |
| 10 (116) | 0:40       | 15       | 0:12        | 42.9     | 23:48      | 8        | 7:14        | 43.7     |
| 11 (117) | 1:00       | 8        | 0:12        | 25.0     | 24:48      | 8        | 7:25        | 42.7     |
| 12 (99)  | 2:56       | 18       | 1:34        | 114.6    | 27:44      | 11       | 8:53        | 47.1     |
| 13 (102) | 3:29       | 11       | 0:24        | 13.0     | 31:13      | 11       | 9:17        | 42.3     |
| 14 (128) | 0:56       | 13       | 0:17        | 43.6     | 32:09      | 11       | 9:33        | 42.3     |
| 15 (53)  | 1:03       | 11       | 0:14        | 28.6     | 33:12      | 11       | 9:43        | 41.4     |
| 16 (103) | 3:41       | 16       | 1:51        | 100.9    | 36:53      | 12       | 11:34       | 45.7     |
| 17 (132) | 0:31       | 17       | 0:10        | 47.6     | 37:24      | 12       | 11:38       | 45.2     |
| 18 (131) | 0:34       | 12       | 0:10        | 41.7     | 37:58      | 12       | 11:45       | 44.8     |
| 19 (100) | 0:39       | 12       | 0:13        | 50.0     | 38:37      | 12       | 11:52       | 44.4     |
| Finish   | 0:28       | 12       | 0:07        | 33.3     | 39:05      | 12       | 11:53       | 43.7     |