



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Denisova, Natallia

Club: Belaya Rus

Total time: 42:30

Running performance: 11:16 min/km

Course: 3.77 km / 18 Controls

Category:

Women 50-

Rank in category: 5(of 16)

Best time in the category: 32:51

Behind: 9:39

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (134)	4:47	7	1:12	33.5	4:47	7	1:12	33.5
2 (85)	5:10	8	1:43	49.8	9:57	5	2:28	33.0
3 (109)	2:12	14	0:51	63.0	12:09	6	3:14	36.3
4 (84)	1:07	9	0:29	76.3	13:16	6	3:30	35.8
5 (124)	1:52	4	0:11	10.9	15:08	6	3:23	28.8
6 (114)	4:44	4	0:52	22.4	19:52	5	3:34	21.9
7 (92)	1:28	2	0:14	18.9	21:20	5	3:41	20.9
8 (133)	3:52	9	1:15	47.8	25:12	4	4:54	24.1
9 (117)	2:01	10	0:35	40.7	27:13	5	5:29	25.2
10 (98)	1:04	4	0:07	12.3	28:17	5	5:32	24.3
11 (118)	1:41	10	0:23	29.5	29:58	5	5:54	24.5
12 (101)	3:22	10	0:37	22.4	33:20	5	6:31	24.3
13 (53)	1:46	8	0:18	20.5	35:06	5	6:49	24.1
14 (120)	4:44	15	3:24	255.0	39:50	5	10:13	34.5
15 (126)	0:37	1	-	-	40:27	5	10:10	33.6
16 (131)	0:31	4	0:02	6.9	40:58	5	10:12	33.2
17 (132)	0:29	5	0:04	16.0	41:27	5	9:38	30.3
18 (100)	0:34	6	0:05	17.2	42:01	5	9:41	30.0
Finish	0:29	6	0:05	20.8	42:30	5	9:39	29.4