



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Movko, Marina

Club: OK Kaliningrad

Total time: 37:37

Running performance: 9:58 min/km

Course: 3.77 km / 18 Controls

Category:

Women 55-

Rank in category: 2(of 20)

Best time in the category: 33:44

Behind: 3:53

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (134)	4:06	1	-	-	4:06	1	-	-
2 (85)	4:41	9	0:50	21.7	8:47	2	0:20	3.9
3 (109)	2:58	16	1:26	93.5	11:45	3	1:46	17.7
4 (84)	0:38	1	-	-	12:23	3	1:33	14.3
5 (124)	1:52	2	0:07	6.7	14:15	2	1:40	13.3
6 (114)	6:25	8	2:08	49.8	20:40	3	3:48	22.5
7 (92)	1:15	1	-	-	21:55	2	3:38	19.9
8 (133)	2:43	2	0:04	2.5	24:38	2	3:42	17.7
9 (117)	1:44	4	0:23	28.4	26:22	2	3:49	16.9
10 (98)	1:07	5	0:05	8.1	27:29	2	3:54	16.5
11 (118)	1:23	1	-	-	28:52	2	3:52	15.5
12 (101)	2:58	4	0:17	10.6	31:50	2	3:57	14.2
13 (53)	1:37	3	0:04	4.3	33:27	2	3:53	13.1
14 (120)	1:26	5	0:06	7.5	34:53	2	3:57	12.8
15 (126)	0:41	3	0:06	17.1	35:34	2	3:57	12.5
16 (131)	0:32	3	0:05	18.5	36:06	2	3:56	12.2
17 (132)	0:30	2	0:04	15.4	36:36	2	3:55	12.0
18 (100)	0:32	3	0:01	3.2	37:08	2	3:53	11.7
Finish	0:29	4	0:02	7.4	37:37	2	3:53	11.5