



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Birzkops, Niklāvs

Club: Kāpa OK/ Ādažu BJSS

Total time: 20:24

Running performance: 13:52 min/km

Course: 1.47 km / 5 Controls

Category:

Men -8

Rank in category: 9(of 23)

Best time in the category: 15:36

Behind: 4:48

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (138)	4:06	15	1:59	93.7	4:06	15	1:59	93.7
2 (139)	3:29	15	0:58	38.4	7:35	13	2:46	57.4
3 (140)	2:45	10	0:39	31.0	10:20	12	3:09	43.9
4 (141)	4:00	2	0:08	3.5	14:20	6	2:42	23.2
5 (100)	5:30	16	2:26	79.4	19:50	9	4:41	30.9
Finish	0:34	12	0:08	30.8	20:24	9	4:48	30.8