



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Sild, Lauri

Club: Alūksne OK

Total time: 29:40

Running performance: 4:45 min/km

Course: 6.23 km / 28 Controls

Category:

Men -21E

Rank in category: 2(of 73)

Best time in the category: 29:35

Behind: 0:05

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	1:26	1	-	-	1:26	1	-	-
2 (32)	1:37	3	0:07	7.8	3:03	3	0:06	3.4
3 (33)	1:15	1	-	-	4:18	2	0:02	0.8
4 (34)	0:37	53	0:13	54.2	4:55	3	0:15	5.4
5 (35)	1:31	2	0:04	4.6	6:26	3	0:19	5.2
6 (36)	1:41	3	0:05	5.2	8:07	3	0:20	4.3
7 (37)	0:45	1	-	-	8:52	2	0:16	3.1
8 (38)	0:55	9	0:05	10.0	9:47	3	0:21	3.7
9 (39)	0:31	11	0:03	10.7	10:18	3	0:10	1.6
10 (40)	1:23	6	0:06	7.8	11:41	3	0:09	1.3
11 (41)	1:15	2	0:02	2.7	12:56	3	0:09	1.2
12 (42)	1:50	52	1:03	134.0	14:46	5	1:12	8.9
13 (43)	0:58	7	0:04	7.4	15:44	4	1:16	8.8
14 (44)	0:30	3	0:02	7.1	16:14	4	1:17	8.6
15 (45)	1:08	9	0:09	15.3	17:22	3	1:26	9.0
16 (46)	0:42	1	-	-	18:04	3	1:26	8.6
17 (47)	1:19	2	0:01	1.3	19:23	3	1:27	8.1
18 (48)	0:33	1	-	-	19:56	2	0:37	3.2
19 (49)	0:19	2	0:01	5.6	20:15	2	0:38	3.2
20 (50)	1:17	29	0:14	22.2	21:32	3	0:52	4.2
21 (51)	0:57	6	0:04	7.6	22:29	3	0:51	3.9
22 (52)	0:52	9	0:04	8.3	23:21	3	0:29	2.1
23 (53)	2:23	3	0:03	2.1	25:44	2	0:32	2.1
24 (54)	0:51	1	-	-	26:35	2	0:16	1.0
25 (55)	0:28	2	0:01	3.7	27:03	2	0:13	0.8
26 (56)	0:42	2	0:01	2.4	27:45	2	0:08	0.5
27 (57)	1:02	4	0:04	6.9	28:47	2	0:09	0.5
28 (100)	0:37	3	0:03	8.8	29:24	2	0:06	0.3
Finish	0:16	4	0:01	6.7	29:40	2	0:05	0.3