



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Sirmais, Mārtiņš

Club: Auseklis IK

Total time: 30:39

Running performance: 4:55 min/km

Course: 6.23 km / 28 Controls

Category:

Men -21E

Rank in category: 5(of 73)

Best time in the category: 29:35

Behind: 1:04

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	1:32	10	0:06	7.0	1:32	10	0:06	7.0
2 (32)	1:54	26	0:24	26.7	3:26	16	0:29	16.4
3 (33)	1:29	9	0:14	18.7	4:55	11	0:39	15.2
4 (34)	0:31	24	0:07	29.2	5:26	11	0:46	16.4
5 (35)	1:55	34	0:28	32.2	7:21	12	1:14	20.2
6 (36)	1:50	6	0:14	14.6	9:11	8	1:24	18.0
7 (37)	0:53	16	0:08	17.8	10:04	8	1:28	17.1
8 (38)	0:56	12	0:06	12.0	11:00	8	1:34	16.6
9 (39)	0:29	2	0:01	3.6	11:29	8	1:21	13.3
10 (40)	1:21	3	0:04	5.2	12:50	6	1:18	11.3
11 (41)	1:23	14	0:10	13.7	14:13	6	1:26	11.2
12 (42)	0:52	3	0:05	10.6	15:05	6	1:31	11.2
13 (43)	1:02	14	0:08	14.8	16:07	5	1:39	11.4
14 (44)	0:35	20	0:07	25.0	16:42	6	1:45	11.7
15 (45)	1:03	4	0:04	6.8	17:45	6	1:49	11.4
16 (46)	0:46	9	0:04	9.5	18:31	6	1:53	11.3
17 (47)	1:25	7	0:07	9.0	19:56	5	2:00	11.2
18 (48)	0:38	11	0:05	15.2	20:34	5	1:15	6.5
19 (49)	0:20	6	0:02	11.1	20:54	5	1:17	6.5
20 (50)	1:15	21	0:12	19.1	22:09	5	1:29	7.2
21 (51)	0:58	14	0:05	9.4	23:07	5	1:29	6.9
22 (52)	0:48	1	-	-	23:55	5	1:03	4.6
23 (53)	2:20	1	-	-	26:15	5	1:03	4.2
24 (54)	1:16	57	0:25	49.0	27:31	5	1:12	4.6
25 (55)	0:28	2	0:01	3.7	27:59	5	1:09	4.3
26 (56)	0:44	5	0:03	7.3	28:43	5	1:06	4.0
27 (57)	1:02	4	0:04	6.9	29:45	5	1:07	3.9
28 (100)	0:38	6	0:04	11.8	30:23	5	1:05	3.7
Finish	0:16	4	0:01	6.7	30:39	5	1:04	3.6