



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Poliakov, Dmitriy

Club: NORD WEST

Total time: 31:24

Running performance: 5:02 min/km

Course: 6.23 km / 28 Controls

Category:

Men -21E

Rank in category: 6(of 73)

Best time in the category: 29:35

Behind: 1:49

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (31) | 1:28 | 4 | 0:02 | 2.3 | 1:28 | 4 | 0:02 | 2.3 |
| 2 (32) | 1:49 | 16 | 0:19 | 21.1 | 3:17 | 8 | 0:20 | 11.3 |
| 3 (33) | 1:27 | 5 | 0:12 | 16.0 | 4:44 | 5 | 0:28 | 10.9 |
| 4 (34) | 0:28 | 10 | 0:04 | 16.7 | 5:12 | 5 | 0:32 | 11.4 |
| 5 (35) | 1:37 | 6 | 0:10 | 11.5 | 6:49 | 5 | 0:42 | 11.4 |
| 6 (36) | 1:44 | 4 | 0:08 | 8.3 | 8:33 | 5 | 0:46 | 9.9 |
| 7 (37) | 0:47 | 3 | 0:02 | 4.4 | 9:20 | 5 | 0:44 | 8.5 |
| 8 (38) | 0:52 | 4 | 0:02 | 4.0 | 10:12 | 5 | 0:46 | 8.1 |
| 9 (39) | 0:28 | 1 | - | - | 10:40 | 4 | 0:32 | 5.3 |
| 10 (40) | 1:34 | 20 | 0:17 | 22.1 | 12:14 | 4 | 0:42 | 6.1 |
| 11 (41) | 1:26 | 21 | 0:13 | 17.8 | 13:40 | 5 | 0:53 | 6.9 |
| 12 (42) | 1:01 | 18 | 0:14 | 29.8 | 14:41 | 4 | 1:07 | 8.2 |
| 13 (43) | 0:59 | 9 | 0:05 | 9.3 | 15:40 | 3 | 1:12 | 8.3 |
| 14 (44) | 0:32 | 5 | 0:04 | 14.3 | 16:12 | 3 | 1:15 | 8.4 |
| 15 (45) | 1:17 | 32 | 0:18 | 30.5 | 17:29 | 4 | 1:33 | 9.7 |
| 16 (46) | 0:42 | 1 | - | - | 18:11 | 4 | 1:33 | 9.3 |
| 17 (47) | 2:12 | 57 | 0:54 | 69.2 | 20:23 | 6 | 2:27 | 13.7 |
| 18 (48) | 0:36 | 3 | 0:03 | 9.1 | 20:59 | 6 | 1:40 | 8.6 |
| 19 (49) | 0:20 | 6 | 0:02 | 11.1 | 21:19 | 6 | 1:42 | 8.7 |
| 20 (50) | 1:07 | 2 | 0:04 | 6.4 | 22:26 | 6 | 1:46 | 8.6 |
| 21 (51) | 0:57 | 6 | 0:04 | 7.6 | 23:23 | 6 | 1:45 | 8.1 |
| 22 (52) | 0:50 | 5 | 0:02 | 4.2 | 24:13 | 6 | 1:21 | 5.9 |
| 23 (53) | 2:44 | 29 | 0:24 | 17.1 | 26:57 | 6 | 1:45 | 6.9 |
| 24 (54) | 0:55 | 8 | 0:04 | 7.8 | 27:52 | 6 | 1:33 | 5.9 |
| 25 (55) | 0:32 | 13 | 0:05 | 18.5 | 28:24 | 6 | 1:34 | 5.8 |
| 26 (56) | 0:56 | 57 | 0:15 | 36.6 | 29:20 | 6 | 1:43 | 6.2 |
| 27 (57) | 1:06 | 17 | 0:08 | 13.8 | 30:26 | 6 | 1:48 | 6.3 |
| 28 (100) | 0:41 | 16 | 0:07 | 20.6 | 31:07 | 6 | 1:49 | 6.2 |
| Finish | 0:17 | 13 | 0:02 | 13.3 | 31:24 | 6 | 1:49 | 6.1 |