



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

Gorokhov, Sergey

Club: NORD WEST

Total time: 32:01

Running performance: 5:08 min/km

Course: 6.23 km / 28 Controls

Category:

Men -21E

Rank in category: 7(of 73)

Best time in the category: 29:35

Behind: 2:26

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (31)   | 1:32       | 10       | 0:06        | 7.0      | 1:32       | 10       | 0:06        | 7.0      |
| 2 (32)   | 1:43       | 10       | 0:13        | 14.4     | 3:15       | 6        | 0:18        | 10.2     |
| 3 (33)   | 1:30       | 11       | 0:15        | 20.0     | 4:45       | 6        | 0:29        | 11.3     |
| 4 (34)   | 0:28       | 10       | 0:04        | 16.7     | 5:13       | 6        | 0:33        | 11.8     |
| 5 (35)   | 1:48       | 21       | 0:21        | 24.1     | 7:01       | 6        | 0:54        | 14.7     |
| 6 (36)   | 1:52       | 8        | 0:16        | 16.7     | 8:53       | 6        | 1:06        | 14.1     |
| 7 (37)   | 1:02       | 36       | 0:17        | 37.8     | 9:55       | 6        | 1:19        | 15.3     |
| 8 (38)   | 0:57       | 15       | 0:07        | 14.0     | 10:52      | 6        | 1:26        | 15.2     |
| 9 (39)   | 0:32       | 20       | 0:04        | 14.3     | 11:24      | 6        | 1:16        | 12.5     |
| 10 (40)  | 1:31       | 15       | 0:14        | 18.2     | 12:55      | 7        | 1:23        | 12.0     |
| 11 (41)  | 1:24       | 16       | 0:11        | 15.1     | 14:19      | 7        | 1:32        | 12.0     |
| 12 (42)  | 1:04       | 26       | 0:17        | 36.2     | 15:23      | 7        | 1:49        | 13.4     |
| 13 (43)  | 1:02       | 14       | 0:08        | 14.8     | 16:25      | 7        | 1:57        | 13.5     |
| 14 (44)  | 0:33       | 9        | 0:05        | 17.9     | 16:58      | 7        | 2:01        | 13.5     |
| 15 (45)  | 1:25       | 51       | 0:26        | 44.1     | 18:23      | 7        | 2:27        | 15.4     |
| 16 (46)  | 0:50       | 33       | 0:08        | 19.1     | 19:13      | 7        | 2:35        | 15.5     |
| 17 (47)  | 1:31       | 19       | 0:13        | 16.7     | 20:44      | 7        | 2:48        | 15.6     |
| 18 (48)  | 0:41       | 22       | 0:08        | 24.2     | 21:25      | 7        | 2:06        | 10.9     |
| 19 (49)  | 0:22       | 36       | 0:04        | 22.2     | 21:47      | 7        | 2:10        | 11.1     |
| 20 (50)  | 1:12       | 14       | 0:09        | 14.3     | 22:59      | 7        | 2:19        | 11.2     |
| 21 (51)  | 1:08       | 43       | 0:15        | 28.3     | 24:07      | 7        | 2:29        | 11.5     |
| 22 (52)  | 0:56       | 21       | 0:08        | 16.7     | 25:03      | 7        | 2:11        | 9.6      |
| 23 (53)  | 2:35       | 11       | 0:15        | 10.7     | 27:38      | 7        | 2:26        | 9.7      |
| 24 (54)  | 1:02       | 31       | 0:11        | 21.6     | 28:40      | 7        | 2:21        | 8.9      |
| 25 (55)  | 0:31       | 6        | 0:04        | 14.8     | 29:11      | 7        | 2:21        | 8.8      |
| 26 (56)  | 0:45       | 12       | 0:04        | 9.8      | 29:56      | 7        | 2:19        | 8.4      |
| 27 (57)  | 1:06       | 17       | 0:08        | 13.8     | 31:02      | 7        | 2:24        | 8.4      |
| 28 (100) | 0:40       | 10       | 0:06        | 17.7     | 31:42      | 7        | 2:24        | 8.2      |
| Finish   | 0:19       | 33       | 0:04        | 26.7     | 32:01      | 7        | 2:26        | 8.2      |