



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

Kalniņa, Marta

Club: Alūksne/Ape OK

Total time: 30:55

Running performance: 21:01 min/km

Course: 1.47 km / 5 Controls

Category:

Women -8

Rank in category: 5(of 5)

Best time in the category: 20:07

Behind: 10:48

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (138)	3:04	1	-	-	3:04	1	-	-
2 (139)	2:56	3	0:14	8.6	6:00	1	-	-
3 (140)	2:47	2	0:23	16.0	8:47	1	-	-
4 (141)	15:27	5	9:20	152.6	24:14	5	9:15	61.7
5 (100)	6:13	5	1:55	44.6	30:27	5	10:49	55.1
Finish	0:28	1	-	-	30:55	5	10:48	53.7