



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

Leiņa, Normunds

Club: Ozons

Total time: 34:45

Running performance: 7:57 min/km

Course: 4.37 km / 17 Controls

Category:

Men -21B

Rank in category: 5(of 16)

Best time in the category: 30:04

Behind: 4:41

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (130)  | 7:46       | 15       | 5:40        | 269.8    | 7:46       | 15       | 5:40        | 269.8    |
| 2 (82)   | 2:01       | 11       | 0:50        | 70.4     | 9:47       | 15       | 6:25        | 190.6    |
| 3 (89)   | 2:45       | 1        | -           | -        | 12:32      | 12       | 5:17        | 72.9     |
| 4 (110)  | 1:39       | 1        | -           | -        | 14:11      | 9        | 4:23        | 44.7     |
| 5 (95)   | 1:55       | 2        | 0:19        | 19.8     | 16:06      | 7        | 4:15        | 35.9     |
| 6 (112)  | 1:47       | 2        | 0:04        | 3.9      | 17:53      | 7        | 4:05        | 29.6     |
| 7 (94)   | 1:22       | 1        | -           | -        | 19:15      | 7        | 3:48        | 24.6     |
| 8 (92)   | 1:47       | 3        | 0:14        | 15.1     | 21:02      | 7        | 3:21        | 18.9     |
| 9 (116)  | 2:08       | 3        | 0:16        | 14.3     | 23:10      | 6        | 3:27        | 17.5     |
| 10 (98)  | 1:27       | 1        | -           | -        | 24:37      | 6        | 3:10        | 14.8     |
| 11 (137) | 1:59       | 6        | 0:34        | 40.0     | 26:36      | 6        | 3:19        | 14.2     |
| 12 (78)  | 2:20       | 2        | 0:28        | 25.0     | 28:56      | 5        | 3:47        | 15.0     |
| 13 (53)  | 0:43       | 5        | 0:04        | 10.3     | 29:39      | 5        | 3:48        | 14.7     |
| 14 (126) | 1:13       | 2        | 0:19        | 35.2     | 30:52      | 5        | 4:07        | 15.4     |
| 15 (121) | 1:26       | 2        | 0:13        | 17.8     | 32:18      | 5        | 4:20        | 15.5     |
| 16 (122) | 1:18       | 3        | 0:20        | 34.5     | 33:36      | 5        | 4:40        | 16.1     |
| 17 (100) | 0:48       | 2        | 0:01        | 2.1      | 34:24      | 5        | 4:37        | 15.5     |
| Finish   | 0:21       | 6        | 0:04        | 23.5     | 34:45      | 5        | 4:41        | 15.6     |