



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Vītols, Kaspars

Club: SPAMMA

Total time: 36:05

Running performance: 8:15 min/km

Course: 4.37 km / 17 Controls

Category:

Men -21B

Rank in category: 6(of 16)

Best time in the category: 30:04

Behind: 6:01

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (130) | 2:17 | 4 | 0:11 | 8.7 | 2:17 | 4 | 0:11 | 8.7 |
| 2 (82) | 1:53 | 9 | 0:42 | 59.2 | 4:10 | 5 | 0:48 | 23.8 |
| 3 (89) | 3:17 | 3 | 0:32 | 19.4 | 7:27 | 2 | 0:12 | 2.8 |
| 4 (110) | 2:42 | 8 | 1:03 | 63.6 | 10:09 | 3 | 0:21 | 3.6 |
| 5 (95) | 1:56 | 4 | 0:20 | 20.8 | 12:05 | 3 | 0:14 | 2.0 |
| 6 (112) | 1:53 | 4 | 0:10 | 9.7 | 13:58 | 2 | 0:10 | 1.2 |
| 7 (94) | 4:22 | 16 | 3:00 | 219.5 | 18:20 | 6 | 2:53 | 18.7 |
| 8 (92) | 1:58 | 5 | 0:25 | 26.9 | 20:18 | 6 | 2:37 | 14.8 |
| 9 (116) | 3:28 | 11 | 1:36 | 85.7 | 23:46 | 7 | 4:03 | 20.5 |
| 10 (98) | 1:40 | 5 | 0:13 | 14.9 | 25:26 | 7 | 3:59 | 18.6 |
| 11 (137) | 2:14 | 8 | 0:49 | 57.7 | 27:40 | 7 | 4:23 | 18.8 |
| 12 (78) | 2:26 | 4 | 0:34 | 30.4 | 30:06 | 7 | 4:57 | 19.7 |
| 13 (53) | 0:39 | 1 | - | - | 30:45 | 7 | 4:54 | 19.0 |
| 14 (126) | 1:22 | 5 | 0:28 | 51.9 | 32:07 | 7 | 5:22 | 20.1 |
| 15 (121) | 1:32 | 3 | 0:19 | 26.0 | 33:39 | 7 | 5:41 | 20.3 |
| 16 (122) | 1:20 | 4 | 0:22 | 37.9 | 34:59 | 7 | 6:03 | 20.9 |
| 17 (100) | 0:47 | 1 | - | - | 35:46 | 7 | 5:59 | 20.1 |
| Finish | 0:19 | 3 | 0:02 | 11.8 | 36:05 | 6 | 6:01 | 20.0 |