



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

Volkovas, Darius

Club: OK KOPA

Total time: 45:28

Running performance: 8:28 min/km

Course: 5.36 km / 24 Controls

Category:

Men 40-

Rank in category: 31(of 47)

Best time in the category: 30:19

Behind: 15:09

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (105)  | 2:25       | 30       | 0:54        | 59.3     | 2:25       | 30       | 0:54        | 59.3     |
| 2 (130)  | 0:43       | 36       | 0:21        | 95.5     | 3:08       | 30       | 1:08        | 56.7     |
| 3 (81)   | 1:58       | 24       | 0:34        | 40.5     | 5:06       | 26       | 1:41        | 49.3     |
| 4 (134)  | 1:24       | 37       | 0:33        | 64.7     | 6:30       | 29       | 2:14        | 52.3     |
| 5 (107)  | 2:58       | 28       | 0:56        | 45.9     | 9:28       | 27       | 3:04        | 47.9     |
| 6 (88)   | 1:53       | 24       | 0:34        | 43.0     | 11:21      | 24       | 3:38        | 47.1     |
| 7 (111)  | 1:13       | 35       | 0:25        | 52.1     | 12:34      | 23       | 4:02        | 47.3     |
| 8 (108)  | 2:22       | 24       | 0:50        | 54.4     | 14:56      | 22       | 4:52        | 48.3     |
| 9 (129)  | 0:56       | 28       | 0:13        | 30.2     | 15:52      | 20       | 5:05        | 47.1     |
| 10 (91)  | 4:25       | 32       | 1:36        | 56.8     | 20:17      | 25       | 6:37        | 48.4     |
| 11 (94)  | 0:59       | 26       | 0:17        | 40.5     | 21:16      | 24       | 6:31        | 44.2     |
| 12 (112) | 2:08       | 41       | 1:02        | 93.9     | 23:24      | 25       | 7:33        | 47.6     |
| 13 (90)  | 1:17       | 31       | 0:28        | 57.1     | 24:41      | 26       | 7:57        | 47.5     |
| 14 (125) | 0:50       | 37       | 0:23        | 85.2     | 25:31      | 25       | 8:14        | 47.6     |
| 15 (92)  | 4:29       | 39       | 1:45        | 64.0     | 30:00      | 26       | 9:42        | 47.8     |
| 16 (133) | 2:46       | 32       | 1:10        | 72.9     | 32:46      | 29       | 10:50       | 49.4     |
| 17 (117) | 1:33       | 36       | 0:37        | 66.1     | 34:19      | 30       | 11:21       | 49.4     |
| 18 (98)  | 1:10       | 42       | 0:30        | 75.0     | 35:29      | 30       | 11:51       | 50.1     |
| 19 (128) | 3:37       | 34       | 1:07        | 44.7     | 39:06      | 30       | 12:55       | 49.3     |
| 20 (78)  | 0:22       | 35       | 0:06        | 37.5     | 39:28      | 30       | 13:00       | 49.1     |
| 21 (53)  | 0:47       | 36       | 0:14        | 42.4     | 40:15      | 30       | 13:14       | 49.0     |
| 22 (121) | 2:01       | 39       | 0:53        | 77.9     | 42:16      | 31       | 14:05       | 50.0     |
| 23 (104) | 2:11       | 38       | 0:51        | 63.8     | 44:27      | 31       | 14:56       | 50.6     |
| 24 (100) | 0:37       | 33       | 0:12        | 48.0     | 45:04      | 31       | 15:05       | 50.3     |
| Finish   | 0:24       | 29       | 0:06        | 33.3     | 45:28      | 31       | 15:09       | 50.0     |