



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detailed evaluation

Kirill, Gorev

Club: Ind.

Total time: 40:34

Running performance: 8:07 min/km

Course: 4.99 km / 22 Controls

Category:

Men 50-

Rank in category: 8(of 29)

Best time in the category: 32:54

Behind: 7:40

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (127)  | 3:40       | 18       | 1:45        | 91.3     | 3:40       | 18       | 1:45        | 91.3     |
| 2 (106)  | 0:53       | 9        | 0:16        | 43.2     | 4:33       | 15       | 1:54        | 71.7     |
| 3 (108)  | 2:38       | 8        | 0:50        | 46.3     | 7:11       | 11       | 2:00        | 38.6     |
| 4 (124)  | 3:21       | 24       | 1:55        | 133.7    | 10:32      | 14       | 3:55        | 59.2     |
| 5 (110)  | 1:12       | 5        | 0:06        | 9.1      | 11:44      | 11       | 4:01        | 52.1     |
| 6 (129)  | 1:54       | 9        | 0:30        | 35.7     | 13:38      | 10       | 4:04        | 42.5     |
| 7 (89)   | 1:26       | 6        | 0:06        | 7.5      | 15:04      | 8        | 4:07        | 37.6     |
| 8 (125)  | 2:46       | 6        | 0:31        | 23.0     | 17:50      | 8        | 4:23        | 32.6     |
| 9 (113)  | 2:23       | 11       | 0:21        | 17.2     | 20:13      | 8        | 4:39        | 29.9     |
| 10 (91)  | 1:00       | 16       | 0:19        | 46.3     | 21:13      | 8        | 4:56        | 30.3     |
| 11 (112) | 1:59       | 7        | 0:15        | 14.4     | 23:12      | 8        | 5:09        | 28.5     |
| 12 (88)  | 2:10       | 22       | 0:48        | 58.5     | 25:22      | 7        | 5:49        | 29.8     |
| 13 (96)  | 3:12       | 7        | 0:20        | 11.6     | 28:34      | 7        | 5:59        | 26.5     |
| 14 (98)  | 1:44       | 10       | 0:18        | 20.9     | 30:18      | 8        | 6:14        | 25.9     |
| 15 (118) | 1:08       | 10       | 0:10        | 17.2     | 31:26      | 7        | 6:22        | 25.4     |
| 16 (101) | 2:17       | 4        | 0:03        | 2.2      | 33:43      | 7        | 6:22        | 23.3     |
| 17 (78)  | 1:11       | 21       | 0:20        | 39.2     | 34:54      | 7        | 6:41        | 23.7     |
| 18 (53)  | 0:49       | 15       | 0:11        | 29.0     | 35:43      | 8        | 6:51        | 23.7     |
| 19 (126) | 1:25       | 12       | 0:15        | 21.4     | 37:08      | 8        | 7:05        | 23.6     |
| 20 (103) | 1:22       | 22       | 0:32        | 64.0     | 38:30      | 8        | 7:34        | 24.5     |
| 21 (122) | 0:46       | 6        | 0:05        | 12.2     | 39:16      | 8        | 7:35        | 23.9     |
| 22 (100) | 0:56       | 10       | 0:08        | 16.7     | 40:12      | 8        | 7:42        | 23.7     |
| Finish   | 0:22       | 4        | 0:03        | 15.8     | 40:34      | 8        | 7:40        | 23.3     |