



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Saliņš, Jānis

Club: Mežmalas / Madona

Total time: 38:20

Running performance: 7:40 min/km

Course: 4.99 km / 22 Controls

Category:

Men 55-

Rank in category: 3(of 23)

Best time in the category: 36:23

Behind: 1:57

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (127) | 3:25 | 14 | 1:21 | 65.3 | 3:25 | 14 | 1:21 | 65.3 |
| 2 (106) | 0:54 | 5 | 0:06 | 12.5 | 4:19 | 13 | 1:17 | 42.3 |
| 3 (108) | 3:51 | 16 | 1:39 | 75.0 | 8:10 | 12 | 2:15 | 38.0 |
| 4 (124) | 2:23 | 15 | 0:53 | 58.9 | 10:33 | 13 | 2:51 | 37.0 |
| 5 (110) | 1:32 | 13 | 0:30 | 48.4 | 12:05 | 11 | 3:17 | 37.3 |
| 6 (129) | 1:53 | 12 | 0:30 | 36.1 | 13:58 | 11 | 3:20 | 31.4 |
| 7 (89) | 1:17 | 1 | - | - | 15:15 | 8 | 2:51 | 23.0 |
| 8 (125) | 2:26 | 3 | 0:05 | 3.6 | 17:41 | 7 | 2:39 | 17.6 |
| 9 (113) | 2:05 | 3 | 0:10 | 8.7 | 19:46 | 6 | 2:24 | 13.8 |
| 10 (91) | 0:44 | 2 | 0:01 | 2.3 | 20:30 | 5 | 2:24 | 13.3 |
| 11 (112) | 2:14 | 7 | 0:39 | 41.1 | 22:44 | 5 | 2:06 | 10.2 |
| 12 (88) | 1:19 | 1 | - | - | 24:03 | 5 | 1:56 | 8.7 |
| 13 (96) | 3:02 | 2 | 0:08 | 4.6 | 27:05 | 5 | 1:56 | 7.7 |
| 14 (98) | 1:31 | 3 | 0:04 | 4.6 | 28:36 | 4 | 1:55 | 7.2 |
| 15 (118) | 1:02 | 1 | - | - | 29:38 | 3 | 1:50 | 6.6 |
| 16 (101) | 2:25 | 6 | 0:16 | 12.4 | 32:03 | 3 | 1:51 | 6.1 |
| 17 (78) | 0:50 | 1 | - | - | 32:53 | 3 | 1:46 | 5.7 |
| 18 (53) | 0:42 | 4 | 0:06 | 16.7 | 33:35 | 3 | 1:45 | 5.5 |
| 19 (126) | 1:13 | 2 | 0:03 | 4.3 | 34:48 | 3 | 1:43 | 5.2 |
| 20 (103) | 1:23 | 15 | 0:33 | 66.0 | 36:11 | 3 | 2:04 | 6.1 |
| 21 (122) | 0:47 | 4 | 0:05 | 11.9 | 36:58 | 3 | 1:59 | 5.7 |
| 22 (100) | 0:56 | 10 | 0:13 | 30.2 | 37:54 | 3 | 1:56 | 5.4 |
| Finish | 0:26 | 14 | 0:05 | 23.8 | 38:20 | 3 | 1:57 | 5.4 |