



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Upīte, Anda

Club: Kāpa OK/Saulkrasti

Total time: 1:31:23

Running performance: 24:54 min/km

Course: 3.67 km / 18 Controls

Category:

Women -16

Rank in category: 17(of 19)

Best time in the category: 32:21

Behind: 59:02

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (127) | 4:19 | 9 | 1:42 | 65.0 | 4:19 | 9 | 1:42 | 65.0 |
| 2 (87) | 4:06 | 9 | 1:45 | 74.5 | 8:25 | 8 | 3:23 | 67.2 |
| 3 (108) | 7:56 | 15 | 6:31 | 460.0 | 16:21 | 11 | 9:26 | 136.4 |
| 4 (124) | 18:58 | 18 | 17:31 | 1,208.1 | 35:19 | 16 | 26:57 | 322.1 |
| 5 (88) | 19:33 | 18 | 18:47 | 2,450.0 | 54:52 | 18 | 45:44 | 500.7 |
| 6 (84) | 1:55 | 11 | 1:03 | 121.2 | 56:47 | 18 | 45:48 | 417.0 |
| 7 (129) | 3:08 | 13 | 1:52 | 147.4 | 59:55 | 18 | 47:38 | 387.8 |
| 8 (113) | 9:13 | 13 | 4:38 | 101.1 | 1:09:08 | 17 | 51:53 | 300.8 |
| 9 (92) | 2:57 | 18 | 1:49 | 160.3 | 1:12:05 | 18 | 53:42 | 292.1 |
| 10 (117) | 3:53 | 11 | 1:33 | 66.4 | 1:15:58 | 17 | 55:10 | 265.2 |
| 11 (97) | 1:03 | 11 | 0:28 | 80.0 | 1:17:01 | 17 | 55:00 | 249.8 |
| 12 (99) | 2:13 | 13 | 1:05 | 95.6 | 1:19:14 | 17 | 56:00 | 241.0 |
| 13 (101) | 4:11 | 15 | 1:24 | 50.3 | 1:23:25 | 17 | 57:23 | 220.4 |
| 14 (128) | 0:59 | 10 | 0:20 | 51.3 | 1:24:24 | 17 | 57:40 | 215.7 |
| 15 (53) | 1:32 | 16 | 0:38 | 70.4 | 1:25:56 | 17 | 58:18 | 211.0 |
| 16 (120) | 3:13 | 17 | 2:11 | 211.3 | 1:29:09 | 17 | 58:36 | 191.8 |
| 17 (104) | 1:01 | 14 | 0:17 | 38.6 | 1:30:10 | 17 | 58:49 | 187.6 |
| 18 (100) | 0:44 | 14 | 0:12 | 37.5 | 1:30:54 | 17 | 58:56 | 184.4 |
| Finish | 0:29 | 18 | 0:10 | 52.6 | 1:31:23 | 17 | 59:02 | 182.5 |