



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Pentjušs, Aivars

Club: Prizma

Total time: 48:50

Running performance: 13:18 min/km

Course: 3.67 km / 18 Controls

Category:

Men 65-

Rank in category: 11(of 15)

Best time in the category: 29:38

Behind: 19:12

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (127)	3:09	5	0:27	16.7	3:09	5	0:27	16.7
2 (87)	3:11	7	0:48	33.6	6:20	4	1:15	24.6
3 (108)	1:53	8	0:22	24.2	8:13	4	1:34	23.6
4 (124)	3:36	12	1:51	105.7	11:49	7	3:13	37.4
5 (88)	1:01	5	0:07	13.0	12:50	6	3:19	34.9
6 (84)	1:24	7	0:28	50.0	14:14	4	3:40	34.7
7 (129)	1:59	8	0:40	50.6	16:13	4	3:45	30.1
8 (113)	10:54	15	6:18	137.0	27:07	8	9:53	57.4
9 (92)	1:20	3	0:10	14.3	28:27	7	9:58	53.9
10 (117)	3:19	10	1:03	46.3	31:46	7	10:51	51.9
11 (97)	2:49	14	2:13	369.4	34:35	9	12:42	58.0
12 (99)	1:46	9	0:42	65.6	36:21	9	13:24	58.4
13 (101)	3:26	11	1:03	44.1	39:47	9	14:27	57.0
14 (128)	1:09	13	0:31	81.6	40:56	10	14:57	57.5
15 (53)	1:04	9	0:14	28.0	42:00	10	15:11	56.6
16 (120)	1:34	9	0:28	42.4	43:34	10	15:33	55.5
17 (104)	1:00	9	0:16	36.4	44:34	9	15:49	55.0
18 (100)	3:43	15	3:12	619.4	48:17	11	19:01	65.0
Finish	0:33	13	0:11	50.0	48:50	11	19:12	64.8