



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Ozols, Andris

Club: Prizma

Total time: 1:10:19

Running performance: 18:51 min/km

Course: 3.73 km / 17 Controls

Category:

Men 70-

Rank in category: 8(of 12)

Best time in the category: 39:32

Behind: 30:47

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (82) | 5:35 | 7 | 2:14 | 66.7 | 5:35 | 7 | 2:14 | 66.7 |
| 2 (87) | 4:25 | 6 | 1:57 | 79.1 | 10:00 | 6 | 4:11 | 71.9 |
| 3 (129) | 2:27 | 8 | 1:18 | 113.0 | 12:27 | 6 | 5:29 | 78.7 |
| 4 (86) | 2:17 | 7 | 0:46 | 50.6 | 14:44 | 6 | 5:57 | 67.7 |
| 5 (89) | 3:05 | 11 | 1:31 | 96.8 | 17:49 | 6 | 7:28 | 72.1 |
| 6 (109) | 4:09 | 10 | 1:57 | 88.6 | 21:58 | 6 | 8:44 | 66.0 |
| 7 (84) | 1:20 | 6 | 0:36 | 81.8 | 23:18 | 6 | 9:20 | 66.8 |
| 8 (111) | 4:12 | 9 | 1:33 | 58.5 | 27:30 | 6 | 10:43 | 63.9 |
| 9 (94) | 12:07 | 10 | 8:56 | 280.6 | 39:37 | 8 | 17:44 | 81.0 |
| 10 (115) | 5:00 | 9 | 2:06 | 72.4 | 44:37 | 8 | 19:38 | 78.6 |
| 11 (96) | 3:59 | 10 | 1:49 | 83.9 | 48:36 | 8 | 21:27 | 79.0 |
| 12 (116) | 2:37 | 8 | 1:11 | 82.6 | 51:13 | 8 | 22:35 | 78.9 |
| 13 (78) | 9:42 | 10 | 4:30 | 86.5 | 1:00:55 | 8 | 25:55 | 74.1 |
| 14 (53) | 1:30 | 11 | 0:41 | 83.7 | 1:02:25 | 8 | 26:30 | 73.8 |
| 15 (120) | 4:47 | 11 | 3:19 | 226.1 | 1:07:12 | 8 | 29:49 | 79.8 |
| 16 (131) | 1:12 | 8 | 0:27 | 60.0 | 1:08:24 | 8 | 30:04 | 78.4 |
| 17 (100) | 1:05 | 11 | 0:33 | 103.1 | 1:09:29 | 8 | 30:28 | 78.1 |
| Finish | 0:50 | 11 | 0:23 | 85.2 | 1:10:19 | 8 | 30:47 | 77.9 |