



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Makarova, Leonora

Club: Rīgas Satiksme

Total time: 57:44

Running performance: 19:30 min/km

Course: 2.96 km / 13 Controls

Category:

OPEN1

Rank in category: 4(of 10)

Best time in the category: 35:27

Behind: 22:17

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (138)	6:36	6	4:15	180.9	6:36	6	4:15	180.9
2 (130)	2:55	5	0:52	42.3	9:31	5	4:58	109.2
3 (135)	3:07	3	1:03	50.8	12:38	4	6:00	90.5
4 (136)	5:08	4	2:02	65.6	17:46	4	7:57	81.0
5 (95)	5:36	5	2:43	94.2	23:22	4	9:49	72.5
6 (133)	8:40	6	6:07	239.9	32:02	4	14:30	82.7
7 (137)	5:01	4	2:15	81.3	37:03	4	16:01	76.2
8 (78)	6:57	4	3:10	83.7	44:00	4	18:15	70.9
9 (53)	1:27	4	0:28	47.5	45:27	4	18:15	67.1
10 (121)	2:55	4	0:35	25.0	48:22	4	18:12	60.3
11 (122)	2:51	4	0:51	42.5	51:13	4	18:52	58.3
12 (131)	4:49	6	3:02	170.1	56:02	4	21:54	64.2
13 (100)	0:59	6	0:27	84.4	57:01	4	22:05	63.2
Finish	0:43	6	0:21	95.5	57:44	4	22:17	62.9