



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detailed evaluation

Denisova, Anastasia

Club: Belaya Rus

Total time: 29:56

Running performance: 5:52 min/km

Course: 5.09 km / 24 Controls

Category:

Women -21E

Rank in category: 1(of 35)

Best time in the category: 29:56

Behind: -

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (58)	1:57	3	0:06	5.4	1:57	3	0:06	5.4
2 (59)	0:52	2	0:01	2.0	2:49	2	0:04	2.4
3 (60)	1:03	2	0:03	5.0	3:52	2	0:07	3.1
4 (61)	1:33	1	-	-	5:25	1	-	-
5 (62)	1:27	7	0:09	11.5	6:52	2	0:02	0.5
6 (63)	1:07	4	0:04	6.4	7:59	2	0:02	0.4
7 (64)	0:59	1	-	-	8:58	2	0:02	0.4
8 (65)	1:39	3	0:02	2.1	10:37	1	-	-
9 (66)	1:06	9	0:08	13.8	11:43	1	-	-
10 (67)	1:05	3	0:10	18.2	12:48	1	-	-
11 (68)	1:19	1	-	-	14:07	1	-	-
12 (43)	1:16	1	-	-	15:23	1	-	-
13 (70)	1:28	16	0:17	23.9	16:51	1	-	-
14 (71)	0:58	15	0:15	34.9	17:49	1	-	-
15 (72)	0:33	5	0:03	10.0	18:22	1	-	-
16 (73)	2:45	2	0:01	0.6	21:07	1	-	-
17 (74)	0:42	1	-	-	21:49	1	-	-
18 (75)	0:33	1	-	-	22:22	1	-	-
19 (76)	1:20	7	0:08	11.1	23:42	1	-	-
20 (77)	2:05	1	-	-	25:47	1	-	-
21 (53)	1:12	1	-	-	26:59	1	-	-
22 (79)	1:20	26	0:21	35.6	28:19	1	-	-
23 (80)	0:54	1	-	-	29:13	1	-	-
24 (100)	0:23	1	-	-	29:36	1	-	-
Finish	0:20	4	0:02	11.1	29:56	1	-	-