



9. Schlaubetalmarathon

Eisenhüttenstadt / 17.10.2015

Detailed evaluation

Grunow, Mario

Club: MSV Tripoint FFO
Number: 610

Course: 43.00 km
Schlaubetal-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:36:21

Speed: 9.34 km/h

Rank in course/Total: 73 (of 105)

Rank in course/Men: 62 (of 81)

Best time in course: 2:58:33

Rank in category: 13(of 18)

Best time in the category: 3:05:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:07:35	9.77	14	19:53	56	20:59	11.60	1:07:35	9.77	14	19:53	56	20:59
Lap 2	9.90	1:00:51	8.87	13	17:05	51	17:54	21.50	2:08:26	9.81	13	36:58	54	38:39
Lap 3	11.10	1:18:36	8.40	15	28:42	66	30:10	32.60	3:27:02	9.27	14	1:05:40	58	1:08:49
Last lap Inselhall	10.40	1:09:19	8.66	11	24:57	62	28:59	43.00	4:36:21	9.34	13	1:30:37	62	1:37:48