



13. Schneekopflauf
Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Richter, Anke

Club: Soltau
Number: 125

Course: 11.30 km
Schneekopflauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:31:18

Speed: 7.23 km/h
Running performance: 8:05 min/km

Rank in course/Total: 119 (of 122)

Rank in course/Women: 22 (of 23)

Best time in course: 56:12

Rank in category: 3(of 3)

Best time in the category: 56:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	4:52	6:04	3	1:48	23	1:48	0.80	4:52	6:04	3	1:48	23	1:48
oberhalb Alte Trä	5.50	41:55	7:37	3	14:54	22	14:54	6.30	46:47	7:25	3	16:42	22	16:42
Finish	5.00	44:31	8:54	3	18:24	23	18:24	11.30	1:31:18	8:04	3	35:06	22	35:06