



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Lich, Alexander

Club: SC DHfK Leipzig e.V.
Number: 131

Course: 11.30 km
Schneekopflauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:03:55

Speed: 10.33 km/h
Running performance: 5:40 min/km

Rank in course/Total: 41 (of 122)

Rank in course/Men: 38 (of 99)

Best time in course: 44:06

Rank in category: 5(of 12)

Best time in the category: 48:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:39	4:33	8	0:59	47	1:05	0.80	3:39	4:33	8	0:59	47	1:05
oberhalb Alte Trä	5.50	30:59	5:38	7	7:38	46	10:05	6.30	34:38	5:29	7	8:37	48	11:10
Finish	5.00	29:17	5:51	4	6:28	29	8:39	11.30	1:03:55	5:39	5	15:05	38	19:49