



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Bölke, Hartmut

Club: LG Wassersuppe
Number: 139

Course: 11.30 km
Schneekopflauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:21:45

Speed: 8.07 km/h
Running performance: 7:14 min/km

Rank in course/Total: 102 (of 122)

Rank in course/Men: 88 (of 99)

Best time in course: 44:06

Rank in category: 4(of 5)

Best time in the category: 1:03:04

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:18	5:22	4	0:55	84	1:44	0.80	4:18	5:22	4	0:55	84	1:44
oberhalb Alte Trä	5.50	40:07	7:17	4	10:49	93	19:13	6.30	44:25	7:03	4	11:44	93	20:57
Finish	5.00	37:20	7:28	3	6:57	77	16:42	11.30	1:21:45	7:14	4	18:41	88	37:39