



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Andrä, Mario

Club: Lauffreunde Dittmar Schmalkalden
Number: 143

Course: 11.30 km
Schneekopflauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:04:16

Speed: 10.27 km/h
Running performance: 5:41 min/km

Rank in course/Total: 43 (of 122)

Rank in course/Men: 40 (of 99)

Best time in course: 44:06

Rank in category: 7(of 11)

Best time in the category: 51:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:59	4:58	8	1:13	63	1:25	0.80	3:59	4:58	8	1:13	63	1:25
oberhalb Alte Trä	5.50	30:18	5:30	7	6:24	39	9:24	6.30	34:17	5:26	7	7:37	43	10:49
Finish	5.00	29:59	5:59	6	5:14	36	9:21	11.30	1:04:16	5:41	7	12:51	40	20:10