



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Lange, Jürgen

Club: GMRLV
Number: 199

Course: 11.30 km
Schneekopflauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:09:10

Speed: 9.54 km/h
Running performance: 6:07 min/km

Rank in course/Total: 65 (of 122)

Rank in course/Men: 60 (of 99)

Best time in course: 44:06

Rank in category: 1(of 5)

Best time in the category: 1:09:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:28	5:34	4	0:36	88	1:54	0.80	4:28	5:34	4	0:36	88	1:54
oberhalb Alte Trä	5.50	34:40	6:18	2	0:07	69	13:46	6.30	39:08	6:12	3	0:43	70	15:40
Finish	5.00	30:02	6:00	1	-	38	9:24	11.30	1:09:10	6:07	1	-	60	25:04