



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Lange, Sabine

Club: Rennsteiglauf
Number: 200

Course: 11.30 km
Schneekopflauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:22:30

Speed: 8.00 km/h
Running performance: 7:18 min/km

Rank in course/Total: 106 (of 122)

Rank in course/Women: 17 (of 23)

Best time in course: 56:12

Rank in category: 2(of 3)

Best time in the category: 1:06:00

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	4:28	5:34	2	0:59	18	1:24	0.80	4:28	5:34	2	0:59	18	1:24
oberhalb Alte Trä	5.50	40:08	7:17	3	7:54	18	13:07	6.30	44:36	7:04	3	8:53	19	14:31
Finish	5.00	37:54	7:34	2	7:37	11	11:47	11.30	1:22:30	7:18	2	16:30	17	26:18