



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Hald, Ruxandra

Club: Sülzfeld

Number: 19

Course: 11.30 km

Schneekopflauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:28:40

Speed: 7.44 km/h

Running performance: 7:51 min/km

Rank in course/Total: 117 (of 122)

Rank in course/Women: 21 (of 23)

Best time in course: 56:12

Rank in category: 3(of 3)

Best time in the category: 1:09:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	4:49	6:01	3	1:12	21	1:45	0.80	4:49	6:01	3	1:12	21	1:45
oberhalb Alte Trä	5.50	40:33	7:22	3	7:51	20	13:32	6.30	45:22	7:12	3	9:03	20	15:17
Finish	5.00	43:18	8:39	3	10:18	21	17:11	11.30	1:28:40	7:50	3	19:21	21	32:28