



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Guder, Steffen

Club: GutsMuths RSLV
Number: 28

Course: 11.30 km
Schneekopflauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:06:38

Speed: 9.90 km/h
Running performance: 5:54 min/km

Rank in course/Total: 56 (of 122)

Rank in course/Men: 52 (of 99)

Best time in course: 44:06

Rank in category: 5(of 15)

Best time in the category: 53:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:59	4:58	8	1:06	63	1:25	0.80	3:59	4:58	8	1:06	63	1:25
oberhalb Alte Trä	5.50	32:02	5:49	7	6:27	54	11:08	6.30	36:01	5:43	8	7:33	57	12:33
Finish	5.00	30:37	6:07	5	5:31	44	9:59	11.30	1:06:38	5:53	5	13:04	52	22:32