



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Hess, Antje

Club: tria team Bruchkoebe
Number: 34

Course: 11.30 km
Schneekopflauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:09:19

Speed: 9.52 km/h
Running performance: 6:08 min/km

Rank in course/Total: 66 (of 122)

Rank in course/Women: 6 (of 23)

Best time in course: 56:12

Rank in category: 1(of 3)

Best time in the category: 1:09:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	3:37	4:31	1	-	6	0:33	0.80	3:37	4:31	1	-	6	0:33
oberhalb Alte Trä	5.50	32:42	5:56	1	-	5	5:41	6.30	36:19	5:45	1	-	5	6:14
Finish	5.00	33:00	6:35	1	-	6	6:53	11.30	1:09:19	6:08	1	-	6	13:07