



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Grell, Matthias

Club: RunningBros
Number: 39

Course: 11.30 km
Schneekopflauf

Category:
Männer (20-29 Jahre)

Total time: 1:03:47

Speed: 10.35 km/h
Running performance: 5:38 min/km

Rank in course/Total: 39 (of 122)

Rank in course/Men: 36 (of 99)

Best time in course: 44:06

Rank in category: 9(of 19)

Best time in the category: 45:49

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:47	4:43	15	1:13	52	1:13	0.80	3:47	4:43	15	1:13	52	1:13
oberhalb Alte Trä	5.50	30:26	5:31	9	9:06	41	9:32	6.30	34:13	5:25	10	10:19	42	10:45
Finish	5.00	29:34	5:54	9	7:39	31	8:56	11.30	1:03:47	5:38	9	17:58	36	19:41