



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Scharf, Torsten

Club: Lauffreunde Schmira
Number: 60

Course: 11.30 km
Schneekopflauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:01:16

Speed: 10.77 km/h
Running performance: 5:25 min/km

Rank in course/Total: 28 (of 122)

Rank in course/Men: 25 (of 99)

Best time in course: 44:06

Rank in category: 4(of 12)

Best time in the category: 48:50

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:11	3:58	3	0:31	20	0:37	0.80	3:11	3:58	3	0:31	20	0:37
oberhalb Alte Trä	5.50	28:29	5:10	3	5:08	21	7:35	6.30	31:40	5:01	3	5:39	22	8:12
Finish	5.00	29:36	5:55	5	6:47	33	8:58	11.30	1:01:16	5:25	4	12:26	25	17:10