



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Arlt, Steffen

Club: GutsMuths RSLV
Number: 67

Course: 11.30 km
Schneekopflauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:11:38

Speed: 9.21 km/h
Running performance: 6:20 min/km

Rank in course/Total: 71 (of 122)

Rank in course/Men: 65 (of 99)

Best time in course: 44:06

Rank in category: 10(of 15)

Best time in the category: 53:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:05	5:06	10	1:12	72	1:31	0.80	4:05	5:06	10	1:12	72	1:31
oberhalb Alte Trä	5.50	33:37	6:06	9	8:02	64	12:43	6.30	37:42	5:59	9	9:14	64	14:14
Finish	5.00	33:56	6:47	10	8:50	65	13:18	11.30	1:11:38	6:20	10	18:04	65	27:32