



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Zelle, Monique

Club: Dream Team Ilmenau
Number: 85

Course: 11.30 km
Schneekopflauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:21:48

Speed: 8.07 km/h
Running performance: 7:14 min/km

Rank in course/Total: 103 (of 122)

Rank in course/Women: 15 (of 23)

Best time in course: 56:12

Rank in category: 5(of 7)

Best time in the category: 58:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	3:59	4:58	3	0:33	8	0:55	0.80	3:59	4:58	3	0:33	8	0:55
oberhalb Alte Trä	5.50	36:56	6:42	4	9:08	10	9:55	6.30	40:55	6:29	4	9:41	10	10:50
Finish	5.00	40:53	8:10	6	13:26	18	14:46	11.30	1:21:48	7:14	5	23:07	15	25:36