



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg
Number: 86

Course: 11.30 km
Schneekopflauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:36:37

Speed: 6.83 km/h
Running performance: 8:33 min/km

Rank in course/Total: 121 (of 122)

Rank in course/Men: 98 (of 99)

Best time in course: 44:06

Rank in category: 11(of 11)

Best time in the category: 51:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	4:36	5:44	11	1:50	94	2:02	0.80	4:36	5:44	11	1:50	94	2:02
oberhalb Alte Trä	5.50	46:07	8:23	11	22:13	99	25:13	6.30	50:43	8:03	11	24:03	99	27:15
Finish	5.00	45:54	9:10	11	21:09	98	25:16	11.30	1:36:37	8:33	11	45:12	98	52:31