



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Damrau, Antje

Club: NSV Wernigerode
Number: 96

Course: 11.30 km
Schneekopflauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 59:57

Speed: 11.01 km/h
Running performance: 5:19 min/km

Rank in course/Total: 23 (of 122)

Rank in course/Women: 3 (of 23)

Best time in course: 56:12

Rank in category: 2(of 3)

Best time in the category: 56:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	3:08	3:54	2	0:04	2	0:04	0.80	3:08	3:54	2	0:04	2	0:04
oberhalb Alte Trä	5.50	28:03	5:06	2	1:02	3	1:02	6.30	31:11	4:56	2	1:06	2	1:06
Finish	5.00	28:46	5:45	2	2:39	3	2:39	11.30	59:57	5:18	2	3:45	3	3:45