



13. Schneekopflauf
Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Krannich, Steffen

Club: SG-Altenfeld
Number: 102

Course: 11.30 km
Schneekopflauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:02:40

Speed: 10.53 km/h
Running performance: 5:33 min/km

Rank in course/Total: 33 (of 122)

Rank in course/Men: 30 (of 99)

Best time in course: 44:06

Rank in category: 6(of 11)

Best time in the category: 51:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
tiefster Punkt	0.80	3:28	4:19	5	0:42	31	0:54	0.80	3:28	4:19	5	0:42	31	0:54
oberhalb Alte Trä	5.50	29:01	5:16	5	5:07	24	8:07	6.30	32:29	5:09	5	5:49	24	9:01
Finish	5.00	30:11	6:02	7	5:26	39	9:33	11.30	1:02:40	5:32	6	11:15	30	18:34