



13. Schneekopflauf

Schmiedefeld - Schneekopf / 04.07.2015

Detailed evaluation

Hildebrandt, Elke

Club: Ilmenau
Number: 116

Course: 11.30 km
Schneekopflauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:27:45

Speed: 7.52 km/h
Running performance: 7:46 min/km

Rank in course/Total: 116 (of 122)

Rank in course/Women: 20 (of 23)

Best time in course: 56:12

Rank in category: 7(of 7)

Best time in the category: 58:41

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
tiefster Punkt	0.80	4:21	5:26	5	0:55	13	1:17	0.80	4:21	5:26	5	0:55	13	1:17
oberhalb Alte Trä	5.50	41:36	7:33	7	13:48	21	14:35	6.30	45:57	7:17	7	14:43	21	15:52
Finish	5.00	41:48	8:21	7	14:21	20	15:41	11.30	1:27:45	7:45	7	29:04	20	31:33